

RSA PTI's Independent Futures that Work Oklahoma Advisory Committee Quarterly Meeting



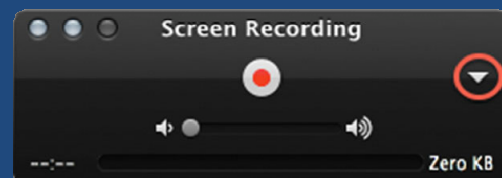
Year 2, Quarter 4
September 7, 2022
9:00 a.m.
Via Zoom



Disclaimers

The RSA PTI Independent Futures that Work! Project is funded through a grant from the U.S. Department of Education, Office of Special Education and Rehabilitation Services, Rehabilitation Services Administration and is a project of the Alabama Parent Education Center.

This Zoom meeting will be recorded for use later by participants unable to attend the meeting. Your participation in this meeting implies your consent to be recorded.



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Contact Information

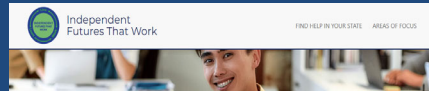
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Today's Agenda

- ✓ Welcome
- ✓ Project Updates
- ✓ Upcoming Activities in Year 3
- ✓ Adjourn

Project Updates

- Two new resources are available
 - color and black/white versions



- Shared resources on all three of our social media platforms



New Resource 1

Working Independently, Here We Come!

<https://www.independentfuturesthatwork.com/resource/working-independently-here-we-come/>

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Working Independently, Here We Come!



Working independently in competitive, integrated employment is the optimal goal for all youth and young adults with disabilities. Varying degrees of employment are possible. These possibilities include full- or part-time employment in a paid, competitive job; working in supportive employment, or unpaid volunteer work. Feeling productive in society brings positive self-esteem. Varying degrees of support will be needed to prepare these youth and young adults for the work force. Job shadowing, job coaching, and supervised work experiences are all important for employment preparation. This checklist provides needed skills to help youth and young adults with disabilities prepare for working as independently as possible given the unique needs and challenges of each youth or young adult. Depending on ability level, some higher-level skills may not be able to be mastered by all youth with disabilities.

Organization and Time Management
Skills needed to keep track of life events and manage time

- Uses a calendar to keep track of school/work/personal activities
- Tells time on an analog and/or digital clock
- Uses alarms to get up on time
- Uses timers for reminders
- Makes and follows a to-do list
- Gets to activities and events on-time
- Breaks large tasks into smaller, more manageable steps
- Sets long-term goals and creates steps to meet them
- Has cell phone with apps for daily use and living

New Resource 2



Understanding Vocational Rehabilitation Services

<https://www.independentfuturesthatwork.com/resource/218/>

<https://www.independentfuturesthatwork.com/resource/218/>

Project Updates, Continued

Project staff will be meeting to discuss grant work and identify next steps.

In order for us to get your feedback on the resources we have created, as well as future resources, we'd like for you to complete the survey linked below:

<https://forms.gle/wbWspnGFjcYMUukT7>

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Upcoming Activities in Year 3

In Year 3, the following will be implemented:

- A Learning Management System
 - With courses developed around topics relating to living, working, and learning independently
 - For youth and young adults, families, and professionals
- More in-person and virtual trainings

Thank you for attending today's meeting!

**Our next meeting for Year 3, Quarter 1
will be held on:**

**Wednesday, December 7th
9:00 a.m.**

OKLAHOMA
PARENTS CENTER

